



# **PRATEEK**

**MAIDEN ISSUE 2019-2020**

**GOVT. DEGREE COLLEGE RAMGARH**

**GOVERNMENT DEGREE COLLEGE  
RAMGARH, SAMBA**



## ABOUT

Government Degree College Ramgarh, Samba (J&K), a co-educational institution, affiliated to University of Jammu was established in 2019 by Higher Education Department Government of Jammu and Kashmir under the patronage of Jenab Talat Parvez Rohella Commissioner Secretary, Higher Education Department. The college is about 8 Kms. away towards west from the National Highway (NH A1). At present it is housed in the premises of Government Middle School Kalan, opposite Bawa Sidh Gorla Temple, Swankha.

The college aims to enrich a vibrant value based learning environment so as to transform it into a centre of excellence. It imparts knowledge in all spheres of life so that students may think beyond unthinkable and see beyond unseen.

The college was initiated with an encouraging strength of 35 students, covering both male and female in the first academic session 2019-2020 under the able guidance of Nodal Principal Prof. Kuldeep Singh Koushal. The college is presently running Arts stream with 14 subject covering 18 subject combinations. Special emphasis is laid on co-curricular skill development activities under the able guidance of Principal Prof.(Dr.) Meeru Abrol.

## FOUNDATION

**"You must have a solid foundation if you're going to have a strong superstructure"**

**Gordon B. Hinckely**

Commissioner Secretary Higher Education Department, Ms. Sarita Chouhan laid the foundation stone of Government Degree College, Ramgarh on **02-03-2019** at village Rakh Rara Tehsil Ramgarh District Samba (J&K). An area of 60 Kanals has been set aside for the construction of the college building with all modern and requisite amenities. The ceremony was held in the presence of Ms. Sushma Chouhan, District Development Commissioner Samba, Vijaypur, SDM Vijaypur and Principal of Government Degree Colleges of Jammu City. Senior officers of PWD(R&B) and the District Administration were also present. A large number of students from the catchment areas, various local Sarpanchs, Panchs and other people were present on the occasion.





# FROM THE COMMISSIONER'S DESK



**"Education is all a matter of building bridges" -Ralph Ellison**

It is fascinating to see bridges standing tall and strong. I have always believed that bridges are symbolic of progress and stability. They are a way to reach a destination by overcoming obstacles. Bridges also represent transition. Bridge building takes many forms in Education the interpersonal and intellectual bridges that are built between teachers and students in a classroom or in the open field as teachers have the power to influence and shape the young minds. Teachers as facilitators strive to build bridges as they mentor students to pay attention to the obstacles that exist, in other words the creeks to cross.

Education is all about building bridges. It does not happen all of a sudden, it takes painstaking efforts to be grounded in the reality to make the right choices in an environment where the world puts before us contrasting views. I am elated to see the progress GDC Ramgarh has made in the first year of its establishment in both curricular and co-curricular arenas. The zeal the staff has shown under the guidance of the Principal of the college in motivating the students to delve into their deepest selves and harness their strengths are remarkable.

It gives me immense pleasure to go through the maiden issue of the Newsletter 'Prateek' of GDC Ramgarh. I appreciate and thank the Principal and Editorial Team who have breathed life into the pages of this Newsletter.



**Mr. Talat Parvez Rohella**  
Commissioner/Secretary to Government  
Higher Education Department, J&K Government



# FROM PRINCIPAL'S DESK



To those who see with loving eyes, life is beautiful. To those who speak with tender voices, life is peaceful. To those who help with gentle hands, life is full and to those who care with compassionate hearts, life is good beyond all measures. **"The expert in anything was once a beginner".**

It is a matter of great pride and satisfaction for Government Degree College Ramgarh to bring out the maiden issue of Newsletter **"Prateek"**. The college since its inception in 2019 has been progressing at exponential rate in all areas, viz Academic, non academic, capacity building by staff & students. Many notable achievements have been recorded since then. Newsletter provides a platform for exposing the merits and academic achievements of the faculty and students. This enhances the documentation culture of the institution and would definitely create an impact in the minds of the readers by providing larger visibility and dimensions to the campus. I am confident that this issue of **"Prateek"** gives a positive signal to all the stake holders and encourage students of the area to enroll which will help them in shaping their future in a better way. A Newsletter is like a mirror which reflects the clear picture of all sorts of activities undertaken by the institution. Commendable job has been done by the Editorial board in producing this Newsletter. Also my heartfelt congratulations to the staff members and students for their fruitful efforts.

**"If you want to go fast, walk alone. If you want to go far, walk together."**

Prof.(Dr) Meeru Abrol  
Principal

## EDITOR'S NOTE



It is my proud privilege to present the first edition of **"Prateek"** Newsletter of Government Degree College Ramgarh with a profound feeling of excitement, pleasure and happiness. As GDC Ramgarh is a newly established college and we tried to give overview of the college activities, goals achieved in the maiden of its inception year. With the grace of almighty we tried to sustain our efforts and bring out this issue well in time. As this Newsletter of the college give you a structured view of the events of the college under various heads i.e news from various Departments. The text and the photographs in this Newsletter give you complete innovative ideas to cater to your aesthetic pleasure.

Dr. Shamsheer Lal  
Convener



## TIME LINE

- ★ On 30-09-2019, a cleanliness drive to keep the campus and surroundings neat and clean was conducted under the guidance of Dr. Sandeep Kumar, Convener, College Development Committee. A pledge was taken by staff and students for the cause.



- ★ On 02-10-2019, 150th birth anniversary of Mahatma Gandhi, college organized a public event under "Fit India Program" launched by Govt. of India. A 2 km walk was taken from premises of the college to Gho Brahmna. Say "No to plastic" message was spread on the occasion.

- ★ In last week of October, Seminar on "The Teaching of Guru Nanak Dev Ji" was organized by GDC Bishnah. Abhi Kumar and Poonam Jamwal students of B.A. Semester-I participated in this event.

- ★ In first week of November 2019, Shikha Sharma and Poonam Jamwal students of B.A. Semester-I brought laurels to college by securing 1st position in Quiz Competition organized by GDC Bishnah on the topic "Life and Teaching of Shri Guru Nanak Dev Ji".



- ★ Also, in the first week of November 2019, on the occasion of 550th Gurupurab, a lecture was delivered to the students of B.A. Semester-I by Prof. Risha Kumari, Assistant Prof. Punjabi on "Teachings of Guru Nanak Dev Ji."



- ★ On 08-11-2019, in continuation to celebration of 550th Gurupurab, the students of the college along with the faculty members visited Shri Gurudwara Sahib at Kullian, Ramgarh and Langer was arranged by the college.



- ★ In the last week of January and first week of February member of College Development Committee visited many nearby Higher Secondary Schools, Government as well as private of Ramgarh Tehsil to encourage the admission process.

- ★ An Intra Zonal Sports Festival 2020 organized by Higher Education Department, J&K was declared open by the Commissioner Secretary HED, Jenab Talat Parvez Rohella. The college students enthusiastically participated in the sports festival.



- ★ On 16-04-2020, Prof. (Dr.) Meeru Abrol joined as Principal of the college and interacted with staff.

- ★ On 27-4-2020, an Intra – College online Poster Making competition was organised to create awareness among the general public and students in particular to fight against COVID-19.





- ★ On 21-05-2020, Anti Terrorism Day, online pledge was Administered to students under the guidance of Principal Prof.(Dr.) Meeru Abrol and Prof. Risha Kumari to **"Stand United Against Terrorism"**.



- ★ On 01-06-2020, the Education Department of college under guidance of Prof. Seema Sharma organized an online Inter-Collegiate Quiz Competition on the topic **"Psychological and Philosophical Foundation of Education."** A large number of students participated in the Quiz. On the basis of Merit e-certificates were also issued to the participants.



- ★ On 05-06-2020, **"World Environment Day"** A plantation drive was held in the college by EVS Department. Prof (Dr.) Meeru Abrol Principal GDC Ramgarh, Samba was the chief guest on the occasion.

Also a National level online essay writing competition was organized on the topic **"Save Environment Save Earth"**. The first prize was bagged by Aniket Gupta, GDC Udhampur. The convener of the event was Ms Monika Verma.

- ★ On 06-06-2020, the college organized an Inter-College Dogri Poetry competition through online mode on the topics **"Fight and prevention against corona virus"** and **"Impact of corona virus on society"**. The first prize was bagged by Arpna Begra, GCW Udhampur. The event was held by Dogri Department headed by Dr. Shamsheer Lal.
- ★ On 11-06-2020, the college organized an online Inter-Collegiate competition on the topic **"One Minute Video Message on COVID-19 Warriors."** Inderpaul Kour, GDC Nowshera, Rajouri bagged first prize. The event was held by Punjabi Department headed by Prof. Risha Kumari.
- ★ Week long (15-06-2020 to 21-06-2020) activities were held on 6th International Day of Yoga.
  - On Day 1, an Inter collegiate online Quiz Competition on the topic **"Yoga is the key to Wellness"** was conducted. The Quiz was based on questions pertaining to the celebration of International Yoga Day. The convener of event was Prof. Seema Sharma.
  - On Day 2, An Inter college **"Mass Mailing of SMS/Tag lines/Messages"** competition was organized on the topic **"Yoga its Importance and Benefits."** The first prize was bagged by Manisha Kumari, GDC





Vijaypur, Samba and third prize was Sonika Devi, GDC Ramgarh, Samba. The convener of event was Dr. Shamsheer Lal.

- On Day 3, An inter college online **"Yoga Geet Competition"** was organized by the college. Through this competition, participants highlighted the importance of Yoga as a part of healthy regimen. The convener of event was Prof. Risha Kumari.
- In continuation to this week long activities, On Day 4 and 5, an event themed on **"Yoga At Home and Yoga With Family"** was organized by college which is also the theme of this year's International Yoga Day. Participants enthusiastically mailed videos/pictures while performing Yoga-Asanas. The convener of the event was Dr. Sandeep Kumar.

- ★ On 26-06-2020, a National Webinar on the theme **"Better knowledge for Better care"** was held. The resource persons of the event were Mr Shakti Kumar Pathak, SSP Samba (JKP); Dr. Narayan Mengi, Social Activist; Dr. Varun Sharma, Assistant Prof. Philosophy, Government PG College for Women Gandhi Nagar, Jammu; Ms Akshit Abrol, Research Scholar, University of Jammu. Also a National Level Poster Making and Slogan Writing competition was organized on **"International Day Against Drug Abuse and illicit Trafficking"**. The activities were conducted by the Red Ribbon Club of College in collaboration with J & K AIDS Control Society, Health and Medical Department, J&K.



- ★ On 10-07-2020, World Population Day, door-to-door campaign was undertaken in the vicinity of college at Swankha. The aim of this campaign was to update the knowledge of people about their reproductive health and family planning.

- ★ On 28-07-2020, the college organized an online Essay Writing Competition on the theme. **"My Environment My Responsibility"** on 'World Nature Conservation Day'. The first prize bagged by Shikha Sharma, GDC Ramgarh Samba. The convener of the event was Prof. Risha Kumari.
- ★ On 11-08-2020, the college organized an Inter- College Poster Making and Slogan writing competition on the topic **"Problems faced by Youth in Present Scenario"** through online mode. In poster making competition, Anjali Nanda of GCW Bhagwati Nagar Jammu bagged first prize and Slogan Writing, Kashish vaid of GCW Bhagwati Nagar, Jammu bagged the first prize. The convener of event was Prof. Risha Kumari.



- ★ On 15-08-2020, the eve of 74th Anniversary of Independence Day an inter-college Patriotic Song Competition was held. Students also participated and celebrated by Posting Flag Hoisting video's on facebook page of college. The first prize was bagged by Vandana Sarmal, Government PG College for Women, Gandhi Nagar, Jammu.



- ★ On 18-08-2020, Tree Plantation Drive was conducted by Red Ribbon Club of the college in collaboration with Social Forestry Department, J & K. The purpose of tree plantation drive was to create awareness and to spread the message of saving our planet and protecting our environment which is the need of the hour. The official present on the occasion were Monider Pal Gupta, Regional Director, Department of Social Forestry; Hitashi Sharma, DFO Jammu, Department of Social Forestry; Romesh Chander Sharma, Range Officer Vijaypur; S. Amrik Singh, Block, Vijaypur, Samba along with Principal of college Prof.(Dr.) Meeru Abrol and staff of the college.



- ★ On 23-08-2020, the college celebrated "Hindi Pakhwara" through online mode, inter-college "Hindi Doha" video competition was held. The first prize was bagged by Anjali Sharma, GDC Marheen, Kathua. The convener of event was Dr. Shamsheer Lal. The resource person on the occasion was Prof. (Dr.) Jugal Kishori Puri, Associate Prof. Hindi, who spoke in length about the importance of the day.



- ★ On 24-08-2020, The college organized inter-college Quiz competition on the theme "Reflections of National Education Policy 2020" by H.O.D Education Prof. Seema Sharma. The first prize was bagged by Amandeep Kour, GCW Baramulla and third prize was Diksha Sharma, GDC Ramgarh, Samba.



- ★ On 31-08-2020, the college organized an online Extension Lecture on the topic **"An Approach to Mental Health and Well Being during Covid-19 Pandemic"** under the aegis of Higher Education Department. This extension lecture is the maiden activity of Psychological Counseling Cell of college. The resource person of the event was Prof. (Dr.) Manisha Kohli, Associate Professor, Psychology Government P.G. College for Women, Gandhi Nagar, Jammu. This extension lecture was streamed on the official YouTube channel of the college. The convener of event was Prof. Seema Sharma.



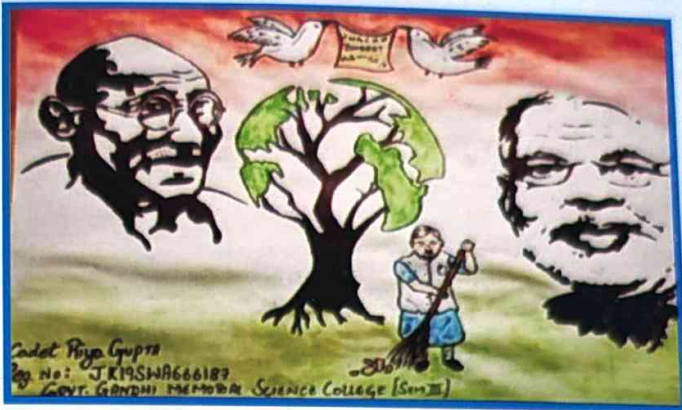
- ★ On 05-09-2020, to celebrate Teacher's Day, the college organized an inter-college speech video competition through online mode on the topic **"Teacher: Leading in Crises, Reimagining Future"**. Students whole heartedly participated in the event under the guidance of Dr. Sandeep Kumar. The first prize was bagged by Navneet Kour, Government PG College for Women, Gandhi Nagar, Jammu.



- ★ On 19-09-2020, the college organized an online Extension Lecture on the topic **"Career Counseling and Skill Development"** under the aegis of Higher Education Department. This Extension Lecture was the maiden activity of Career Counseling Cell of college. The resource person of the event was Prof. Ambica Kumari, Assistant Professor, Psychology, Government P.G. College for Women, Gandhi Nagar, Jammu. This extension lecture was online streamed on the official YouTube channel and Facebook of the college. The convener of event was Prof. Risha Kumari.



- ★ On 02-10-2020 Red Ribbon Club, the college organized National level online activities viz Sketching Portrait of Mahatma Gandhi, collage making on **"Freedom Movements"** led by Mahatma Gandhi, Essay writing on **"Life and teaching of Mahatma Gandhi"**, Patriotic Song competition and visit to village 'Kalan' as a part of commemoration of birth anniversary of Mahatma Gandhi. In Essay Writing competition, Manik Gupta, GCET, Jammu bagged first position and Diksha Sharma, GDC Ramgarh, Samba clinched the third position. In Patriotic Song competition, Rithima Raina, Delhi University bagged first prize.



- ★ On 10-10-2020, a plantation drive was held in the premises of GDC Ramgarh under **back to village** programme. Mr. Sidharth Dhiman, Additional Commissioner Development, Samba was chief guest on the occasion.

- ★ On 15-10-2020, to commemorate World Students Day, the college organized online Symposium on the topic **"Inspirational Role of APJ Abdul Kalam in the Life of the Students"**. The competition was organized under the able guidance of Principal, Prof. (Dr.) Meeru Abrol. The first prize was bagged by Sourav Singh, Government College of Education Jammu. The convener of event was Dr. Sandeep Kumar.



# PRATEEK

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## EDITORIAL BOARD

Dr. Shamsheer Lal (Convener)

Prof. Seema Sharma

Dr. Sandeep Kumar

Prof. Risha Kumari

